



Delivery

All products are delivered Royal Mail 1st Class (orders placed after midday will be shipped the following day) and will fit through your letterbox. Talk to us about shipping outside of the UK.

Can my Spark product be ordered on a specific date?

If you would like your Spark product delivered on a particular day, please add the date in the Comments box at checkout and we will do our best to make sure it arrives on time.

Can I Deliver To Multiple Addresses?

Absolutely. Just order separately for each address.

Tracking

If you have paid for Royal Mail Tracked Service you will receive a tracking number via email. For standard delivery, the tracking number is for reference only and cannot be used to track your parcel.

Gifts

Sending as a gift? No problem. Just add the details in the recipients box as checkout.

Questions

Contact us via email at hello@nourishyourspark.co.uk